

# 2010 USCDKA Virginia State Championships

## Registration Form

Student Name: \_\_\_\_\_ Age: \_\_\_\_ M F

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

TKD School: \_\_\_\_\_

Rank: \_\_\_\_\_ Ht./Wt.: \_\_\_\_\_

### Liability Waiver:

I hereby release and hold harmless Capital CTU, Southside Nazarene Church, Guardian Christian Academy, LifeSpring Community Foundation, the US Chung Do Kwan Association, their officers and heirs from any and all liability for injury or loss resulting in my participation in this event.

\_\_\_\_\_  
Signature of Competitor (Parent/Guardian if under 18) and date

### EVENTS:

\_\_\_\_ Keibons (Beginners only)    \_\_\_\_ Poomse    \_\_\_\_ One-Step Sparring (Beginners only)

\_\_\_\_ USCDKA 5-point lead Sparring    \_\_\_\_ Chung Do Xtreme Forms (Level \_\_\_\_)

\_\_\_\_ Chung Do Xtreme Bo Staff (Level \_\_\_\_)    \_\_\_\_ Chung Do Xtreme Kama (Level \_\_\_\_)

\_\_\_\_ Chung Do Xtreme Chucks (Level \_\_\_\_)

### Entry Fees:

- Super Early Bird Registration – with can food donation at Eastern Regionals, Nov. 7, 2009  
\$25 for 2 events, \$10 each additional event
- Pre-Registration – Postmarked **by January 15**  
\$35 for 2 events, \$15 each additional event
- Spectator Fee: \$5 -OR- Canned Food donation to Central VA Food Bank

Mail Registration Forms/Fees to :

Capital CTU, 4406 E. Heritage Woods Ct., Midlothian, VA 23112