

5th Dan Examination Form

Date: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 TKD School: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_  
 Total Time Training: \_\_\_\_\_  
 Age: \_\_\_\_\_  
 Medical Issues / Restrictions: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

U.S. Chung Do Kwan Association



Grade Scale:

- 9.6 to 10 = A+
- 8.6 to 9.5 = A
- 7.6 to 8.5 = B
- 7.0 to 7.5 = C

Total Score:

Letter Grade:

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<u>Subject/Technique</u>	<u>Student's Self Evaluation</u>	<u>Official's Score</u>	<u>Comments</u>
1 Inspection			
2 Customs & Courtesies			
3 Basic Fundamentals			
4 Additional Fundamentals			
5 Advanced Kicks			
6 Combinations			
<b>Poomse</b>			
7 Tae Guek Il, Ee, Som			
8 Tae Guek Sa, Oh, Yuk			
9 Tae Guek Chil & Pil			
10 Koryo			
11 Da'lee Huyung Il Chong			
12 Geumgang			
13 Da'lee Huyung Ee Chong			
14 Tae'Beuk			
15 Bas'Sai			
16 Poomse Pyong Won			
17 Poomse Yum Bee			
18 Da'lee Huyung Som			
19 Da'lee Huyung Sa Chong			
20 Sipjin			
22 One Step Spar 1-40			
23 One-Step Advanced			
24 Self-Defense/knife			
25 Free Style Spar- WTF			
26 Free Style Spar- USCDKA			
27 Multiple Spar			
28 Stamina Test (5 Min.)			
29 Touch Test			
30 Oral Quiz			
31 Essay			
32 Portfolio			

Time: \_\_\_\_\_

\_\_\_\_\_  
 Official's Signature